



Cardio with HUR SmartTouch by Lode

RENOWNED LODE EQUIPMENT COMPATIBLE WITH HUR SMARTTOUCH



Photo courtesy of Reestdal Revalidatie, NLD

Complete your HUR SmartTouch setup with Lode cardio equipment. Medical certified for active ageing, rehabilitation and inclusive wellness.

Lode  **HUR**
CARDIO with HUR SmartTouch



Photo courtesy of Centrum voor Fysiotherapie en Manuele Therapie Maarssen-Vleuten, NLD

HUR SmartTouch is the perfect combination of HUR pneumatic strength training equipment, Lode medical ergometers and treadmills, and operating software.

HUR's computerized air pressure strength training solutions are specifically designed to provide safe, targeted training and testing appropriate for a diverse range of ability and stamina levels. This is the culmination of almost 30 years close co-operation with leading researchers in biomechanics and exercise physiology.



Photo courtesy of Avanti Health Centre, AUS

HUR Partner Lode

Lode has a long-term experience in manufacturing medical equipment and continuous development to meet the changing requirements of the market. This makes Lode a flexible and reliable partner.

Together we can transform your specific ideas and wishes into custom-made products, of which the partnership between HUR and Lode on providing HUR SmartTouch enabled cardio exercise devices is a great example. Before leaving the factory, Lode ergometers are dynamically calibrated and, of course, all units are produced under the strictest quality control conditions and the HUR by Lode products meet the MDR 2017/745 requirements. Many Lode products are FDA registered. Over years of use, service costs are almost negligible.



Photo courtesy of Centrum voor Fysiotherapie en Manuele Therapie Maarssen-Vleuten, NLD

INTELLIGENT AND MOTIVATING EXERCISE SYSTEM HELPS REHABILITATION AND CONDITIONING

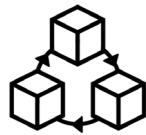
The right kind of muscular strength and cardio training is what we all need - especially in rehabilitation to be able to regain and maintain mobility. Cardio with HUR SmartTouch`'s equipment are easy accessible and very suitable for use during rehabilitation.



EASY TO USE AND MORE INDEPENDENT ACTIVITIES WITH COMPUTERIZED EXERCISE

Accessibility, low start-up resistance. rehab patients and seniors are quite often very weak and need a lot of assistance for exercising. Therefore, **good accessibility, enough possibilities to adjust equipment, computer controlling and low start resistance are very important.**

Most users of Lode and HUR Equipment report that they are very happy with the equipment. They are **easy to use, feels very natural** and **gives good feedback** from the touch display.



A COMPLETE SOLUTION FOR TRAINING AND TESTING

HUR and Lode offer a **wide range of strength and cardio training devices for exercise and rehabilitation.** The smart exercise system is completed with software for automated reporting and follow-up. HUR SmartTouch and versatile testing products for stress tests and assessing maximum strength.



CLOSE TO ZERO STARTING LOAD

If you can move one arm or one leg you can exercise with a HUR machine, since the starting resistance is close to zero. The same counts for the Lode ergometers, with their extreme low start-up load. That makes the HUR and Lode setup very suitable for a wide range of users.



MEDICAL CERTIFIED

HUR equipment is developed on a university level and HUR Quality Management System is certified with ISO 13485:2016 and ISO 9001:2015 standards. All Lode products are RoHS/WEE compliant and Lode is ISO 9001:2015 and ISO 13485:2016 certified.

HUR and Lode medical products comply to MDR 2017/745. HUR strength MD devices are MDR Class I - HUR by Lode cardio devices are MDR class Im.



INCREASE RESISTANCE WITH EXTREME LITTLE STEPS

The machines are adjustable in steps of only 1 watt for the ergometers, 0,1 km/h for the treadmills and 100g for the strength training devices. You can also set up the machine to increase resistance automatically as you proceed. The computerized system displays all progress and keeps the user motivated and focused on the training.



FOR WHEELCHAIR USERS

HUR Easy Access machines meet the specific needs of **wheelchair users** and those with mobility and sensory impairments. Also for cardio devices, with HUR by Lode Arm Ergometer it is possible to train and test wheelchair users. The HUR by Lode bicycle and recumbent ergometers have an extremely low step-through and thus offer very easy entrance for all users.



Photo courtesy of Avanti Health Center, AUS



SAFE - LOW IMPACT

The SmartTouch training equipment is comfortable and safe for use by frail patients. With the range limiters you can even restrict the range of motion - to further increase safety. The Cardio with HUR SmartTouch treadmills are standard equipped with an emergency stop with magnetic lanyard



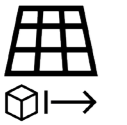
HIGH-SPEED TRAINING

HUR equipment with air pressure allows high-speed exercise with low impact on joints - all thanks to the unique HUR Natural Transmission™ technique. **Perform smooth high-speed training with pneumatic resistance in comfortable machines, where the resistance curve stays optimal in both slow and fast movements.** Weight stack machines do not offer this possibility because of problems with inertia and the changing resistance in fast movements.



INDEPENDENT TRAINING

The combination of user-friendly equipment and software ensures that the users can easily carry out the training independently. This allows the therapist to spend time with the patient instead of setting up equipment.



LIMITED SPACE REQUIREMENTS

Space is no issue. The Cardio with HUR SmartTouch machines are very compact and many of HUR strength training machines are dual function. They require little space and are also very quiet which offers the possibility to place them almost anywhere.

Neuromove Revalidatie Centrum, Amsterdam, The Netherlands

“We mainly use the equipment for people with paraplegia and multiple sclerosis. Patients with other neurological disorders who end up in a wheelchair also use the equipment.”



UMCG Centrum voor Revalidatie, Groningen, The Netherlands

“Patients are eligible for cardiac rehabilitation if, for example, they have had one of the following conditions in the past year: a heart attack, resuscitation, heart failure, cardiac arrhythmias or after treatment such as: bypass surgery, angioplasty, heart valve surgery,



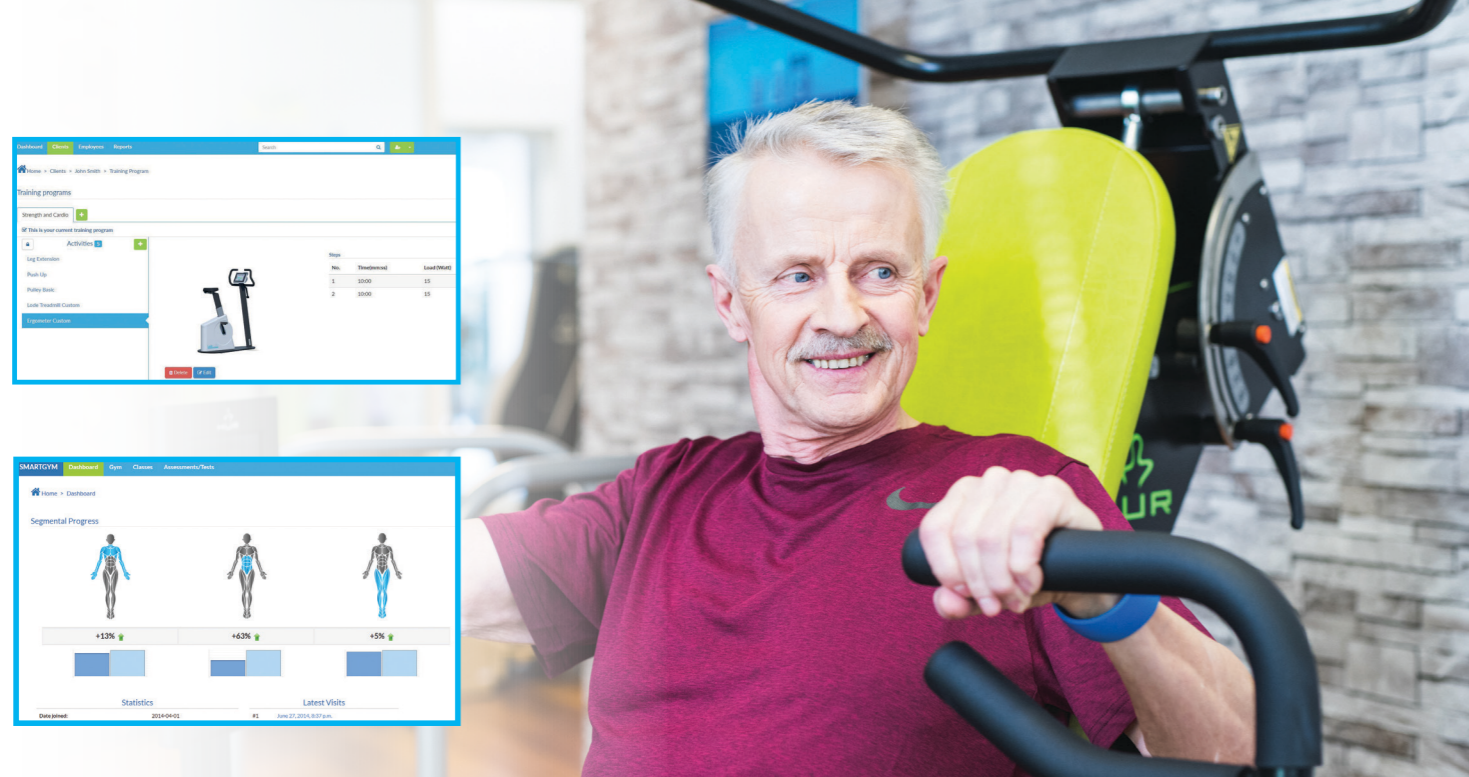
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Wilhelmina Ziekenhuis Assen, Assen, The Netherlands

“We use the equipment in different ways. Most patients use the accompanying wristbands, others prefer to train without the straps. In the computer system we work with various templates for various target groups. Patients can follow this schedule, but also adjust it if they have a good or less good day.”



Wilhelmina Ziekenhuis Assen



HUR SmartTouch - An intelligent training and testing system for active ageing and rehabilitation

HUR and Lode equipment come complete with a computerized, automated training system, HUR SmartTouch, which allows for evidence-based, smart and more independent exercise and rehabilitation.

The necessity and use of data within exercise and rehabilitation has increased immensely in recent years. HUR recognized this early and a lot of development has been put into computerized exercise. For over 15 years HUR has been offering customers all over the world an intelligent exercise system for preventive, maintaining and rehabilitative training, as well as for research.

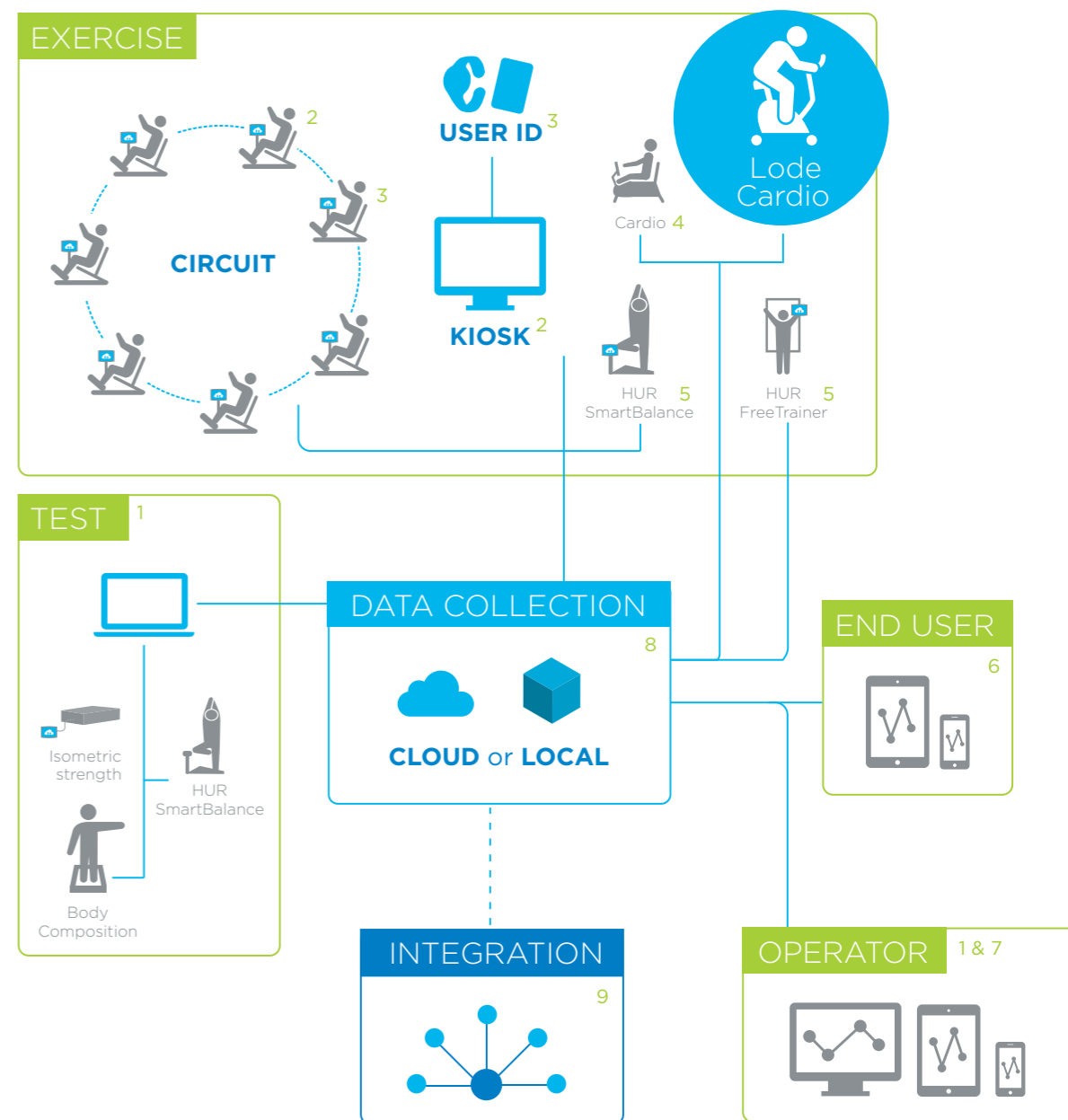
The HUR SmartTouch exercise system, with pneumatic strength training equipment, cardio equipment,

comprehensive testing equipment and intelligent software, is the culmination of decades of close co-operation with leading researchers in biomechanics and exercise physiology, as well as of learnings from customers and a focused product development.



Photo courtesy of Avanti Health Center, AUS

THE HUR SMARTTOUCH ECOSYSTEM



The system includes the following:

- › HUR Strength training and testing equipment
- › HUR Balance testing and training equipment
- › HUR Pulley Functional training
- › HUR FreeTrainer with registration of equipment-free exercises
- › Compatible with Lode cardio equipment
- › Possibility to integrate with other systems
- › Operating software
- › Automated benchmarking and reporting capabilities
- › Optional online training and rehabilitation protocols
- › Remote viewing to track utilization and efficiency
- › Can be integrated with other applications or programs (Web Services or by using an integration engine for the HL7interface.)



Photo courtesy of Centrum voor Fysiotherapie en Manuele Therapie Maarssen-Vleuten, NLD

CENTRUM VOOR FYSIOTHERAPIE EN MANUELE THERAPIE MAARSSSEN-VLEUTEN, THE NETHERLANDS

For the design of a brand new physiotherapy practice, Wilca Dijkstra and Jeroen Gresnigt of Centrum voor Fysiotherapie en Manuele Therapie Maarssen-Vleuten (Center for Physiotherapy and Manual Therapy) were looking for a reliable partner. The well-considered choice fell on HUR strength and Lode cario equipment in combination with SmartTouch.

Q: How did you choose HUR and Lode with SmartTouch?

A: “We wanted a [product line that is safe, reliable and easily accessible](#). Our patients are often vulnerable and cannot bend over backwards to get on a device. We wanted to experience this ourselves and that is why we first visited an exhibition, where our interest was aroused. Later in the process we visited a rehabilitation center where this line was already being used. We asked the therapists there, among other things, about the malfunctions and how quickly they are solved. Their answer? ‘No idea, we’ve never had a malfunction!’. That said enough for us.”

Q: Sounds good! Can you explain how you use your training room?

A: “The patients of our physi-

otherapy practice have traditionally been mainly groups with COPD, heart problems and oncology patients. But we now also see opportunities to attract new groups. Besides patient care, we have set up a fitness branch where people with a subscription can come and exercise in the morning and evening hours. That works really well: members are very satisfied with the equipment. And because the [HUR equipment works on air pressure and makes little noise](#), our new training room is also very suitable to create training moments for people who would like to train stimulus-free.”

Q: That makes the equipment unique. What are the advantages for you of linking with SmartTouch?

A: “For users it is nice that they can log in with the personal

RFID tag and that after that everything is set up properly for them. They can then focus on the training itself, rather than on the hassle of weights. That is already a unique experience. For the physiotherapists, the use of SmartTouch of course also provides a lot of convenience. [With the data that is retrieved from the Lode and HUR equipment, they can follow the progress of the training](#), whether patients go beyond their limits or perhaps train too lightly. That’s what they set up the training courses for. In the beginning, they set up everything for the patient and then the patient can get to work himself. Piece of cake!”

REESTDAL REVALIDATIE, THE NETHERLANDS

Physiotherapy is an important pillar in the rehabilitation of geriatric patients for Reestdal Revalidatie, the rehabilitation center of Noorderboog in Meppel. They have recently started rehabilitation with new equipment of HUR, Lode and Dividat with SmartTouch. Physiotherapist Dirk-Jan van der Meulen talks about their experiences.

In March 2022, Noorderboog opened the doors of Reestdal Revalidatie, the new modern rehabilitation center. Physiotherapist Dirk-Jan: “At our former location we have used various equipment over the years, so we had our specific wishes for the new location. With these Lode treadmills and bicycle ergometers, HUR leg press, leg curl and pulley, a lot is possible. [And it works perfectly together because of the SmartTouch software.](#)”

In the rehabilitation center, the physiotherapists see many geriatric patients with non-congenital brain injury, amputations, fractures, MS and Parkinson’s. For them it is important that the training equipment is comfortable and

easily accessible. Both the Lode bikes and the HUR equipment are therefore fully adjustable to the patients’ position. In addition, fall prevention is an important theme for these rehabilitators. Training with the Dividat Senso: balance trainer can ensure that patients get exactly the right handles so that they can eventually move independently again.

Dirk-Jan: “In addition to the vulnerable patients where guidance is really essential, there is also an extramural patient category that can partly practice themselves. For this group, the SmartTouch RFID system can gain a lot of time for us as physiotherapists.” With the SmartTouch tag system, patients can log into the

equipment themselves and the training program is automatically loaded. This works for both the HUR strength training equipment, as well as the Cardio with HUR SmartTouch equipment.

What do the patients themselves think of the equipment?

Dirk-Jan: “You notice a higher degree of satisfaction with the design of the rehearsal room. [The design of the equipment is more attractive, it is more comfortable and user-friendly.](#) Of course, presentation matters too: a football player often plays better in an appealing stadium. So maybe this will also help us to achieve better performance in our patients.”



Photo courtesy of Reestdal Revalidatie, NLD



LET'S TALK ABOUT THE STATE OF HEALTH OF THOSE AGED OVER 50

- 7 in 10 older people are **overweight or obese**
- 1 in 5 people over 65 experience **a disability that limits their quality of life**
- 9 in 10 people over 65 have at least **one chronic condition**
- **Less than 20%** of older people **meet the physical activity guidelines**
- This is compounded by social isolation and other factors affecting both physical and mental health.

onboard and set out to change this, to provide equal or better opportunities for our ageing population across Australia.

At Avanti Health Centre, we believe that every person should have the opportunity to live a long and healthy life. We know that people are good at looking after themselves if they're given the knowledge and tools to do so effectively. That is what Avanti is all about.

exercise is medicine, using it to help prevent and manage illness and injury.

We use the very latest HUR SmartTouch and Lode technology, whereby the program which has been carefully developed for the individual based on their current circumstances, abilities, and goals, is stored electronically and linked to the access pass given to each member. Scanning the pass at the wall-mounted tablets will bring up their individual program and scanning each piece of equipment will set the weight and speed as per the program, as well as configure the seating to optimal settings for that individual.

We are driving the messages that exercise truly is medicine and HUR technology can make exercise more accessible to all.

Exercising, especially starting or recommencing exercising after a period of inactivity, can be daunting and overwhelming. The barriers are plenty and they increase as we age. The market is currently not catering very well for the over 50s population.

The facilities are loud, the age gap of the patrons can be intimidating, and often these facilities do not offer sufficient support to the individual to exercise in a safe, supported and supervised environment.

Keeping People Active as They Age

Our goal at Avanti is to provide older adults with the gym experience they've been waiting for - smart equipment that requires no weight loading, access to allied health professionals and the chance to be part of a community of like-minded people.

Avanti Health Centre is an exercise-based destination, designed to improve well-being, confidence and fitness, tailored to seniors of all



RECOMMENDED SETUPS

Entry Setup - approx. 50m²



Medium setup - approx. 65m²



STE5120-Hi5
Push Up / Pull Down



ST8830-Hi5 /
ST8831-Hi5 Pulley



Recumbent Ergo HUR
SmartTouch by Lode



STE5530-Hi5
Leg Extension / Curl



Ergometer HUR Smart-
Touch by Lode

This setup includes

- 1x STE5120-Hi5 Push Up / Pull Down
- 1x ST8830-Hi5 / ST8831-Hi5 Pulley
- 1x STE5530-Hi5 Leg Extension / Curl
- 1x Recumbent Ergo HUR SmartTouch by Lode
- 1x Ergometer HUR SmartTouch by Lode



STE5120-Hi5
Push Up / Pull Down



STE5530-Hi5
Leg Extension / Curl



STE5140-Hi5
Chest Press



STE5520-Hi5
Adduction /
Abduction



ST5540-Hi5
Leg Press



STE5310-Hi5
Abdomen / Back



Recumbent Ergo
HUR Smart-
Touch by Lode



ST8830-Hi5 /
ST8831-Hi5 Pulley



Ergometer HUR
SmartTouch by
Lode



Treadmill HUR
SmartTouch by
Lode

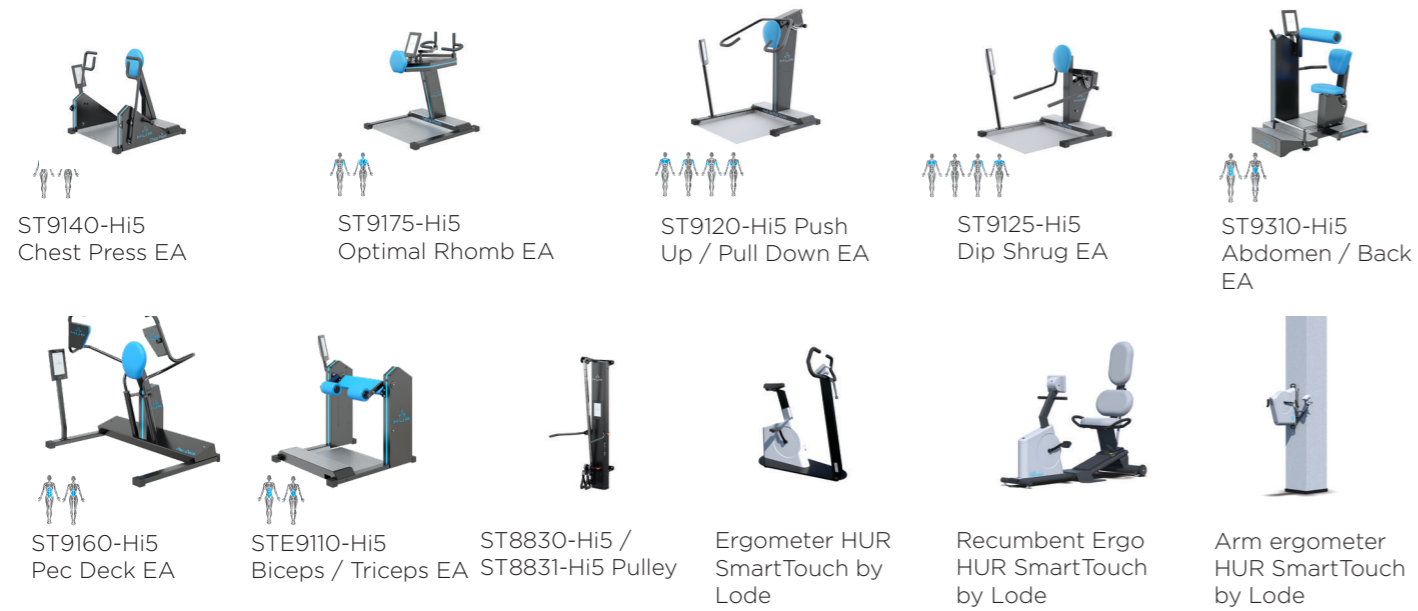


Wall mounted Arm
Ergometer HUR
SmartTouch by Lode

This setup includes

- 1x STE5120-Hi5 Push Up / Pull Down
- 1x STE5530-Hi5 Leg Extension / Curl
- 1x STE5140-Hi5 Chest Press
- 1x STE5520-Hi5 Adduction / Abduction
- 1x STE5310-Hi5 Abdomen / Back
- 1x ST5540-Hi5 Leg Press
- 1x ST8830-Hi5 / ST8831-Hi5 Pulley
- 1x Recumbent Ergo HUR SmartTouch by Lode
- 3x Ergometer HUR SmartTouch by Lode
- 1x Treadmill HUR SmartTouch by Lode
- 1x Wall mounted Arm Ergometer HUR SmartTouch by Lode

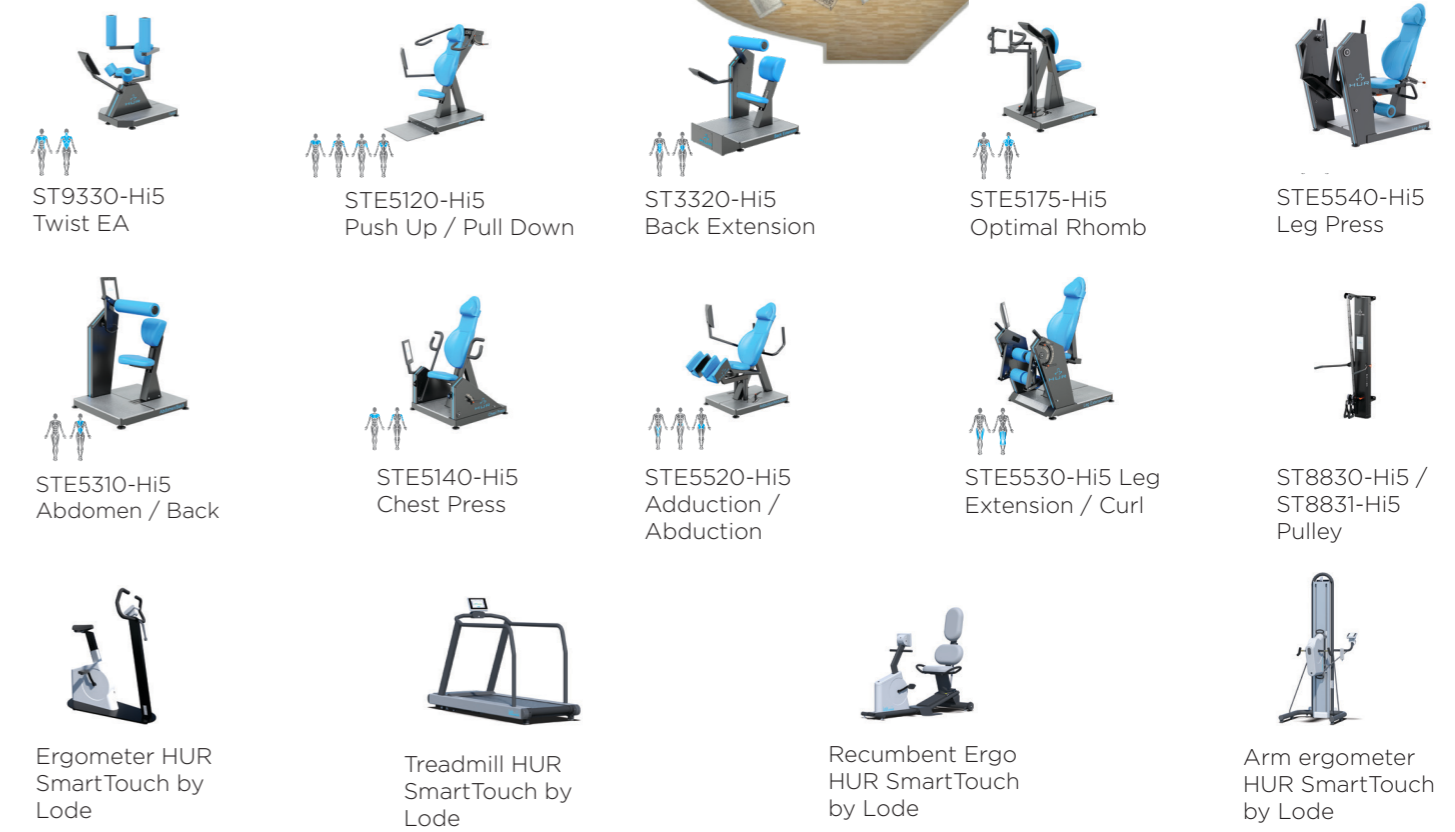
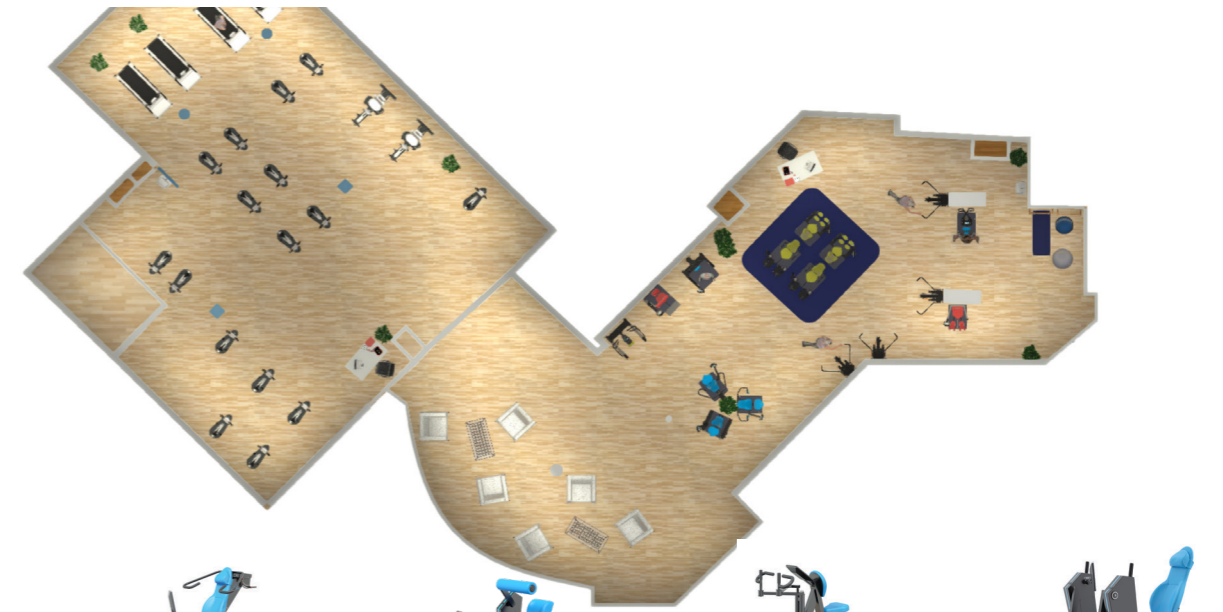
Medium setup - approx. 65m²



This setup includes

- 1x ST9110-Hi5 Biceps / Triceps
- 1x ST9140-Hi5 Chest Press Easy Access
- 1x ST9175-Hi5 Optimal Rhomb Easy Access
- 1x ST9120-Hi5 Push Up / Pull Down Easy Access
- 1x ST9125-Hi5 Dip Shrug Easy Access
- 1x ST9310-Hi5 Abdomen / Back Easy Access
- 1x ST9160-Hi5 Pec Deck Easy Access
- 1x ST8830-Hi5 / ST8831-Hi5 Pulley
- 1x Ergometer HUR SmartTouch by Lode
- 1x Recumbent Ergo HUR SmartTouch by Lode
- 1x Wall mounted arm ergometer HUR SmartTouch by Lode
- 1x Treadmill HUR SmartTouch by Lode

Cardiac Rehab setup in clinic Saint Yves, Rennes, France



This setup includes

- 1x ST9330-Hi5 Twist Easy Access
- 1x STE5120-Hi5 Push Up / Pull Down
- 1x ST3320-Hi5 Back Extension
- 1x STE5175-Hi5 Optimal Rhomb
- 1x STE5540-Hi5 Leg Press
- 1x STE5310-Hi5 Abdomen / Back
- 1x STE5140-Hi5 Chest Press
- 1x STE5520-Hi5 Adduction / Abduction
- 1x STE5530-Hi5 Leg Extension / Curl
- 1x ST8830-Hi5 / ST8831-Hi5 Pulley
- 15x Ergometer HUR SmartTouch by Lode
- 4x Treadmill HUR SmartTouch by Lode
- 2x Recumbent Ergo HUR SmartTouch by Lode
- 1x Arm ergometer HUR SmartTouch by Lode



Photo courtesy of Reestdal Revalidatie, NLD

TREADMILL HUR SMARTTOUCH BY LODE



STANDARD FEATURES:

- 7-inch display
- Extreme low step-up height
- Low noise
- Bluetooth connectivity
- Low mechanical resistance, needs only 1,8 KW
- Extended handrails
- Easy to connect
- Easy to move around
- Easy interface
- Allowed user weight 255 kg / 496 lbs
- Wireless (WIFI) or Wired (Ethernet) communication with HST server

OPTIONS:

- Add program function to 7" touchscreen for treadmill
- Polar Verity Sense Optical HR sensor

ROBUST AND RELIABLE TREADMILL FOR REHABILITATION IN THE SMARTTOUCH ECOSYSTEM

Modern designed treadmill specifically designed for rehabilitation. The low step-up height makes the treadmill perfectly suitable for all test subjects in the field of rehabilitation. The emergency stop with magnetic lanyard on the standard front handrail and extended handrails provides additional safety for the user. The treadmill offers a smooth acceleration from 0 km/h and is continuously adjustable in a range of 0,1 - 20 km/h. Thanks to the unique low design of the cover plate it is possible to place a mirror or a camera in front of the treadmill which makes it easier to monitor the gait of the test subject. The treadmill has a standard running surface of 50 x 150 cm and 0 - 24% elevation. It is equipped with a 7-inch display with touchscreen, a bottle holder and fixed handrails.

PRODUCT DIMENSIONS

Walking surface length	150 cm	59.1 inch
Walking surface width	50 cm	19.7 inch
Step up height	17 cm	6.7 inch
Product length	213 cm	83.9 inch
Product width	76 cm	29.9 inch
Product height (excl. control units)	132 cm	52 inch
Product height (incl. 7" control unit)	150 cm	59.1 inch
Product weight	149 kg	328.5 lbs

HUR SmartTouch
 by Lode - Products
 For rehabilitation and active ageing

ERGOMETER HUR SMARTTOUCH BY LODE



STANDARD FEATURES:

7-inch display
 Extreme low start-up load
 30 - 150 rpm independent
 Low noise
 Accurate over long period of time
 Stepless adjustable saddle and easy read-out on the saddle shaft
 Perfect ergonomic position
 Ultra-low step-through
 Hidden connectors
 Bluetooth connectivity
 360 degrees rotatable handlebar
 Easy to connect
 Easy to move around
 Easy interface
 Wireless (WIFI) or Wired (Ethernet) communication with HST server

OPTIONS:

Add program function to 7" touchscreen for ergometer
 Saddle extra large
 HR smart Bluetooth belt
 Pedals with clicker straps
 Adjustable cranks
 Custom pack Powercable 100 - 127 V for ergometers
 Electric adjustable saddle height
 Stability option - Black
 Polar Verity Sense Optical HR sensor

OPTIMAL ADJUSTABILITY AND LOW EFFORT ERGONOMIC BIKE MOUNTING

The ergometer is one of the most popular ergometers worldwide. The low start-up load of 7 watts is first class. The ergometer has an eddy current electro-magnetic braking mechanism. The biggest advantage of this system is the accuracy which is one of the most important Lode principles. With this ergometer, the stress tests performed are reliable and reproducible. The workload is adjusted in a range of 7 to 1000 watts. The ultrawide step-through enables easy access to the ergometer and the latest design guarantees a perfect ergonomic position. Moreover, the noise level is reduced to a minimum. The ergometer is standard equipped with a 7-inch display with touchscreen and a bottle holder.

PRODUCT DIMENSIONS

Product length	105 cm	41.3 inch
Product width	46 cm	18.1 inch
Product height	114 cm	44.9 inch
Product weight	65 kg	143.3 lbs

RECUMBENT ERGO HUR SMARTTOUCH BY LODE



STANDARD FEATURES:

7-inch display
 Extreme low start-up load
 Accurate over long period of time
 Small adjustment steps
 Easy step-through
 Reliable and reproducible stress tests
 Maximum user weight 300 kg
 Electric adjustable seat positioning
 Adjustable back support with flat CPR position
 Suitable for all body postures
 Easy to connect
 Easy to move around
 Easy interface
 Wireless (WIFI) or Wired (Ethernet) communication with HST server

OPTIONS:

Add program function to 7" touchscreen for recumbent ergometer
 Pedals with clicker straps
 Polar Verity Sense Optical HR sensor

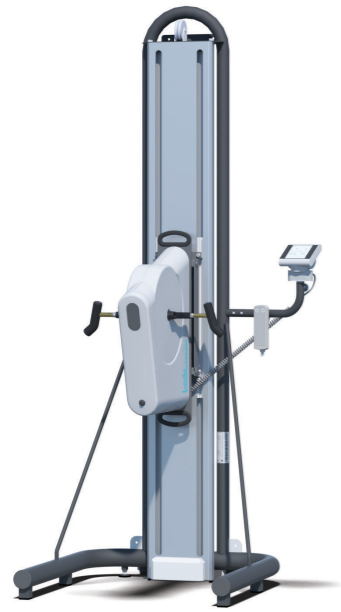
EASY POSITIONING AND ENTRANCE FOR ALL TEST SUBJECTS

The latest design of this Recumbent ergometer offers ergometry testing for test subjects up to 300 kg! Easy positioning and access is guaranteed by the electric adjustable seat and adjustable handgrips next to the seat. Moreover, the back support can be adjusted. For safety reasons, the back support can be positioned flat in CPR position in 1 step. This ergometer can be used for elderly and obese people and in rehabilitation settings. It is standard supplied with a 7-inch display with touchscreen and a bottle holder.

PRODUCT DIMENSIONS

Product length	183 cm	72 inch
Product width	79 cm	31.1 inch
Product height	149 cm	58.7 inch
Product weight	107 kg	235.9 lbs

ARM ERGOMETER HUR SMARTTOUCH BY LODE



STANDARD FEATURES:

- 7-inch display
- Small adjustment steps
- Extreme low start-up load
- Accurate over long period of time
- Reliable and reproducible stress tests
- Multifunctional / can be used for both arms and legs
- Easy to connect
- Easy to move around
- Easy interface
- Wireless (WIFI) or Wired (Ethernet) communication with HST server

OPTIONS:

- Add program function to 7" touchscreen for arm ergometer
- HR smart Bluetooth belt
- Pedals with clicker straps
- Adjustable cranks
- Polar Verity Sense Optical HR sensor

MODERN ERGOMETER WITH MULTIFUNCTIONAL APPLICATIONS

The Arm ergometer is an ergometer unit that can be used for both arm and supine ergometry. With the stand, the ergometer can move up and down over a range of 140 cm. With the stand it is easier to move your arm ergometry setting to another room, because it stands free. Handgrips are standard included. Its compact design makes it universally applicable for ergometric studies in those sectors in which the standard ergometry cannot be used. It operates independent of pedaling speed in the range of 7 - 1000 watts. The ergometer is standard supplied with a 7-inch display with touchscreen.

PRODUCT DIMENSIONS

Product length	84 cm	33.1 inch
Product width	82 cm	32.3 inch
Product height	223 cm	87.8 inch
Product weight	95 kg	209.4 lbs
Width between stand	67 cm	26.4 inch

WALL MOUNTED ARM ERGOMETER HUR SMART-TOUCH BY LODE



STANDARD FEATURES:

- 7-inch display
- Small adjustment steps
- Extreme low start-up load
- Accurate over a long period of time
- Reliable and reproducible stress tests
- Multifunctional - can be used for both arms and legs
- Easy to connect
- Easy to move around
- Easy interface
- Wireless (WIFI) or Wired (Ethernet) communication with HST server

OPTIONS:

- Add program function to 7" touchscreen for wall mounted arm ergometer
- HR smart Bluetooth belt
- Pedals with clicker straps
- Adjustable cranks
- Polar Verity Sense Optical HR sensor

MODERN ERGOMETER WITH MULTIFUNCTIONAL APPLICATIONS

The Angio is an ergometric unit that can be used for both arm and supine ergometry. The wall fastening consists of a vertical rail with hang-up mechanism which makes it possible to move the ergometer up and down electrically over a range of 70 cm. Handgrips are standard included in this combination. Its compact design makes it universally applicable for ergometric studies in those sectors in which standard ergometry cannot be used. The ergometer operates independent of pedaling speed in the range of 7 - 1000 watts. The ergometer is standard supplied with a 7-inch display with touchscreen.

PRODUCT DIMENSIONS

Product length	68 cm	26.8 inch
Product width	42 cm	16.5 inch
Product height	104 cm	40.9 inch
Product weight	55 kg	121.3 lbs



YOUR PARTNER FOR LIFELONG STRENGTH

Strength, balance and cardio training are key factors for a long, happy and independent life.

The world-leading HUR and Lode scientific solutions consisting of intelligent equipment and software offer a smart and enjoyable training and rehabilitation experience that provide results. The effect is evident in the well-being of the user, the easy and motivating work processes for the instructor, and in the efficiency and profitability for the facility owner.



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